#### **Institutional Values and Best Practices Committee**

### **Best Practice - 2020-2021**

#### 1. Title of the Practice

Palliative care and Nursing

## 2. Objectives of the Practice

Nursing focuses on holistic care of individuals and communities. Palliative care has evolved over the years with lot of advances and interventions promoting quality of life of patients. To promote knowledge and skills among the Nursing students, palliative care is introduced for the aspiring students which in turn can promote a wide variety of educational opportunities for students.

#### 3. The Context

Father Muller College of Nursing(FMCON) undertook a memorandum of understanding with Ave Maria Palliative care for the purpose of providing add on program on palliative care for the students of Basic BSc Nursing, Post basic BSc Nursing and MSc Nursing. This course was inaugurated on 9<sup>th</sup> July 2021. The course is designed with theory and practical hours where the expert faculty from Ave Maria Palliative care will impart knowledge to our students.

#### 4. The Practice

The staff coordinators of FMCON and Ave Maria Palliative care will schedule the classes for the students. The classes include theory and practice, and students after completion of the theory classes will be providing eight hours of service at the care centre. The duration of this MOU is three years which could be renewed by mutual consent thereafter.

#### 5. Evidence of Success

This initiation is a start and will be evaluated in terms of faculty and student feedbacks. This initiative is expected to deliver high quality palliative care to all patients during their terminal illness and difficulties. The expected outcome will be to promote compassion and skill in delivering palliative health care.

# 6. Problems Encountered and Resources Required

There were no problems encountered due to this initiative. However the implementation and periodic assessment would give further input on the problems encountered. Resources include expert staff from the two institutions.

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